

Quilted Mug Cosy Instructions

You Will Need: fabric for outer and lining, wadding, elastic, bias binding or fabric for binding the edges, pins, sewing machine or needle and thread.

1. From the outer, lining and wadding cut 1 rectangle from each measuring 28 cm x 8 cm.
2. Take the lining and place it face down. Layer the wadding on top of it, then the outer on top of the wadding, face up. Carefully pin the wadding sandwich together.
3. With a pin, mark half way along the top edge. Repeat for the bottom edge. From these pins, mark off 9 cm top and bottom on either side of the central pins.
4. Using a long straight stitch and starting from the middle top pin, sew diagonally to one of the bottom pins. Turn the fabric round and repeat, until you have a diamond shape.

Tip! Turning the fabric will help to prevent it from becoming distorted while you are quilting.

5. Continue to quilt the wadding sandwich by sewing lines of stitches 2 cm apart parallel to the lines of the diamond sewn in the previous step. Remember to turn the fabric as you go.

You should end up with lots of little diamonds sewn into your wadding sandwich.

6. Check the size of your piece of quilting against your mug. You may need to trim it down a little.

7. If you are using bias binding, cut 2 pieces 30 cm long and 2 pieces 10 cm long. Now skip the rest of this step and go to Step 8!

If you are making your own binding, cut 2 strips of fabric 30 cm x 4 cm and 2 strips 10 cm x 4 cm.

Take 1 strip and fold in half lengthways. Press. Open it out.

Fold the long raw edges into the centre. Press.

Fold in half and press again.

You should now have a strip of fabric with the raw edges folded up inside.

Repeat for the other strips.

8. Pin the shorter pieces of binding to the short edges of the quilted piece. Top stitch. Trim the ends.

9. Pin the longer strips to the long edges of the quilted piece. Tuck the raw edges underneath. Don't sew it just yet!

10. Cut 2 pieces of elastic 4 cm long. Take one of the pieces and tuck one end under the binding on the lining side of the cosy. Repeat for the other piece of elastic.

Tuck the ends of the elastic under the binding on the other side of the cosy.

11. Top stitch along the binding. Sew across the elastic at either end a couple of times so that it is secure. Trim the loose threads and your quilted mug cosy is ready to use!